

## Research finds that COVID-19 vaccines pre-prepared in syringes for their administration can be safely transported

- *Researchers from the Hospital del Mar and Pompeu Fabra University have confirmed that messenger RNA vaccines pre-prepared in syringes for their administration can be transported by road for up to three hours*
- *This may be of great relevance in mass vaccination strategies, especially in rural and less developed areas, as the doses can be prepared in an official healthcare centre and then transported to remote vaccination sites or areas with an underdeveloped healthcare infrastructure*
- *The researchers have conducted stress tests on syringes pre-prepared for administering the Pfizer BioNTech and Moderna vaccines, and have found that the vector these vaccines use, the messenger RNA, maintains its integrity despite being subjected to movement. The findings have been published in the medical journal Clinical Microbiology and Infection*

**Barcelona, June 17th, 2021.** – One of the main reasons for the hold-ups in the **mass vaccination campaigns against COVID-19** are the precautions that must be taken regarding the handling of the vaccines and their administration. They have to be transported under very specific conditions and the syringes used for their administration must be prepared at the same vaccination site. Healthcare workers must ensure they avoid any sudden movements of the vaccines so as not to affect the vector they use, **messenger RNA** molecules in the case of the *Pfizer BioNTech* and *Moderna* vaccines.

But research led by the Hospital del Mar Pharmacy Department and Neuropharmacology-Neurophar Research Group at Pompeu Fabra University (UPF), may lead to changes in these standard procedures. The study, which has just been published in the medical journal *Clinical Microbiology and Infection*, demonstrates that these reconstituted vaccines **can be transported** following just minor precautions. In fact, the study reveals that the **messenger RNA remains stable** for at least three hours, under movement conditions similar to those caused by road transport and at room temperature.

### Vaccines subjected to stress testing

The study arose from the Hospital del Mar's experience distributing vaccines administered to healthcare professionals at the outset of the vaccination campaign, in January this year. The SubDirectorate-General for Health Services of the Generalitat, headed at the time by Dr. Carmen Cabezas, was asked for authorisation for the doses to be prepared in horizontal laminar flow chambers (a workspace set up to stop the entry of potentially contaminating microorganisms) in the Pharmacy Department, under the condition that the syringes were not transported outside of the centre's vaccination sites. The process was led by Dr. Santi Grau, director of the Hospital del Mar's Pharmaceutical Department, and Dr. Olivia Ferrández, head of the Pharmacy Department, both authors of the paper, who decided to carry out tests to see how the stability of these vaccines was affected after transportation. To do this, they collaborated with Dr. Rafael Maldonado, also an author of the study and coordinator of the Neuropharmacology-Neurophar Research Group at UPF, and Dr. Elena Martín-García, member of the same group, who analysed the response of the vaccines to various tests.

To do this, vials were used that had been returned to the Hospital del Mar Pharmacy Department, which could not be administered as they had lost their microbiological traceability. According to current protocols, the messenger RNA vaccines, kept at a temperature of between 2 and 25°C, cannot be used six hours after the first dose has been withdrawn from the vial. In the study, the vaccines, prepared at the Pharmacy Department facilities, were divided into three groups. One



Press release



Universitat  
Pompeu Fabra  
Barcelona

was left, unmoved and at room temperature (21°C), for three hours. A second group, also kept at room temperature for the same amount of time, was subjected to gentle movements, similar to the movement caused by road transport. And a third, under the same temperature and time conditions, was subjected to a strong intermittent shaking movement. The results of the tests were compared with a final group of recently thawed vaccines.

### Negligible degradation of the messenger RNA

As Dr. Grau explains, the results showed that the main vector in both vaccines, the RNA messenger, showed practically no degradation under any of the conditions. According to Dr. Maldonado, the analysis of the data reveals that "**the degradation of the RNA messenger was negligible, less than 1%, both for the fresh sample and the one subjected to movement. For the samples subjected to shaking, the degradation was higher, but still not excessive, around 5% for the two analysed vaccines**". He goes on to assert that, "**during road transport and at room temperature (between 21 +/- 1°C) for three hours, there is no kind of alteration in the stability of the messenger, which maintains the integrity of a freshly prepared sample. Therefore, under these conditions, by imitating road transport, there is no degradation of either the reconstituted Pfizer-BioNTech or Moderna vaccines**".

Dr. Elena Martín-García, also an author of the paper and researcher at UPF, highlighted the soundness of the results. "**The data are conclusive and very clear. The RNA messenger shows impressive stability in both of the analysed COVID-19 vaccines**", she concluded. This can be of great help in the vaccination process, according to Dr. Olivia Ferrández. "**The vaccination process, led by nursing professionals, is not limited to the administration of the vaccine, but also includes the registration of the vaccine batch being administered. Our results, therefore, contribute to streamlining the vaccination process and facilitates the work at vaccination sites**", she added.

The research may help to bring about a change in strategy in how the vaccines are handled, helping in their delivery throughout the population. As Dr. Santi Grau comments, "**our data can help boost the mass vaccination campaigns in rural areas or countries with precarious transport networks and healthcare infrastructure, where doses could be prepared in a health centre and transported by road to rural or remote areas, limiting the likelihood of errors being made during preparation at vaccination sites**".

### Main article

Grau S, Ferrández O, Martín-García E, Maldonado R, Reconstituted mRNA Covid-19 vaccines may maintain stability after continuous movement, Clinical Microbiology and Infection, <https://doi.org/10.1016/j.cmi.2021.06.007>.

### For more information

Hospital del Mar Communications Department. Tel. 932483537.  
[dcollantes@hospitaldelmar.cat](mailto:dcollantes@hospitaldelmar.cat) / [comunicacio@hospitaldelmar.cat](mailto:comunicacio@hospitaldelmar.cat)

Pompeu Fabra University Communications Department. Tel. 933160916.  
[carme.cebran@upf.edu](mailto:carme.cebran@upf.edu)